

# ***“The Crowning of Mary Queen of Heaven and Earth, and of the Angels and Saints”...***



## **FROM THE BOOK OF REVELATION:**

*“A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.” (Rev 12:1)<sup>1</sup>*

## **MEDITATION ON THE MYSTERY:**

Lord, give us the grace not to be like the athletes of this world, who race only to win a corruptible crown, but true spiritual athletes: those who work hard to win, in Christ, a glorious and incorruptible crown (cf. 1Cor 9:25) which is made up of a great number of souls! (cf. Phil 4:1). (cf. SLC, p. 490)

## **FROM THE TEACHINGS OF THE CATHOLIC CHURCH:**

- In regards to being true athletes, Pope Benedict XVI says: *“Don’t only compete in sports; be athletes who aim for the prize of the Christian life.”*

(BENEDETTO XVI, *Discorso*, 6 Ottobre 2007 [unpublished translation by pfgm])

<sup>1</sup> NABRE (USCCB)

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### **FREE AND PERSONAL MEDITATION**

*( for a personal contribution to give to those who listen ) :*

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*